

FACING YOUR BLITZ by Jeff Kemp – Video Guide

TOUGH TIMES? SHARE THE BURDEN!

VIDEO (<http://facingtheblitz.com/tough-times-Jeff-Kemp>)

What are the most trying things you've been through? Did you mostly go through it alone, or with help? What will happen next time you go through a big blitz, or a friend does?

Gameplan:

Bear one another's burdens, and so fulfill the law of Christ. For if anyone thinks he is something, when he is nothing, he deceives himself. Galatians 6:2-3 (ESV)

Comfort those who are in any trouble by the comfort with which we ourselves are comforted by God." 2 Corinthians 1:4 ESV

Time Out:

Life's toughest blitzes don't turn around quickly. The fear, pain and grief are often intense. But God offers a bigger perspective and a cause greater than us. He has two approaches for us: Ask for help. And, offer help. God wants you to allow others to help bear your burdens and he wants to use you to help bear the burdens that others face. View your blitzes and trials as the bridge to helping others. The sooner you see this, the sooner your spirits buoy.

Go Deep:

Determine that the next time you face trouble, loss and trial, you'll turn to God and take His approach: Ask for help. Call out to God and be ready to accept the help of key friends or mentors. And, look for someone else to encourage. Then, in time, your challenge will give you empathy and experience to help support others in their trial.

Other ways to stay connected to Jeff Kemp and Facing the Blitz Resources:

To get this video and devotional guide delivered to your inbox each Monday, [SUBSCRIBE TODAY.](#)

To get your copy of *Facing the Blitz* [CLICK HERE](#)

And, [Like us on FACEBOOK](#) and follow [Jeff on Twitter](#)